**Rock~n~"Role" with the CFF Coach**

A challenge awaits you as you venture into 21st Century teaching. Please remember, as a CFF Coach, it is my job to help you incorporate new technologies into your curriculum, so please let me know HOW I can be of assistance!  
  
**To put it simply**... I am here to help you! Contact me at [lochranl@avella.k12.pa.us](mailto:lochranl@avella.k12.pa.us) or call extension 3200.

**Some ways you might "use" me:**

* **Generate Ideas and Curriculum Connections:** Not sure where to start? Invite me into your classroom just to watch you teach. This will get "the wheels turning" and I can begin to identify technologies that will fit your teaching style and connect with your curriculum.
* **Co-Plan:** Let me help you plan lessons that incorporate technology. If you're not sure how technology might benefit your students or enhance a lesson, I can do the research and bring you some suggestions. I can also help you determine what tools will work , help you learn how to use them, and then create a lesson or unit plan with you.
* **Research:** Curious about a new technology you've read about or how technology might enhance a concept in your curriculum? Wondering how you might spice up a lesson, but short on time to find new ideas? Let me do the research for you. I have access to technology facilitators all around the country and tons of ideas from teachers around the globe. I can compare different approaches, troubleshoot, work out the kinks, and bring you the best options for your classroom.
* **Co-Teach:** After co-planning a lesson, I can help you in the classroom. It always helps to have an extra teacher in the room when using technology. I can teach part of the lesson, instruct students on the use of technologies, or just be there for support as needed.
* **Personal Training:** Want some help with designing a Wiki, making your flipcharts more interactive, using response devices, learning a software program? Let’s schedule some time together. I know we are all at different levels, so no request is too simple or complex!